



BREAKFAST

OCTOBER 2024

Central - Jefferson

Monday

Tuesday

Wednesday

Thursday

Friday

Egg/Bacon/Cheese Bagel Sandwich (28)

1

FFVP - Kumquats

Froot Loop Waffles (32)

2

Sausage/Pancake on a Stick (16)

3

FFVP - Apples

Ultimate Breakfast Round (42)

4

Ham & Egg Bar (8)

7

Chocolate Crescent (38)

8

FFVP - Jicama

Scrambled Eggs (2) Biscuit (23)

9

Strawberry Yogurt Parfait (29) Granola (19)

10

FFVP - Grapes

Sausage Breakfast Pizza (23)

11

Mini Pancakes (36)

14

Cheese Omelet (1) Toast (15)

15

FFVP - Sugar Snap Peas

Sausage Bites (16)

16

NO SCHOOL

17

NO SCHOOL

18

Strawberry cream-filled Mini Bagels (42)

21

French Toast Sticks (37)

22

FFVP - Cucumbers

Yogurt (15) HMD Pumpkin Chocolate Chip Muffin (25)

23

Ham/Egg/Cheese Flatbread Sandwich (14)

24

FFVP - Banana

Long John (42)

25

Ham & Egg Bar (8)

28

National Oatmeal Day! Soft Chocolate Chip Banana Oatmeal Bar (39)

29

FFVP - Apples

National Pumpkin Bread Day! Pumpkin Bread (44)

30

FFVP - Carrots

Sausage Breakfast Pizza (23)

31

Halloween Parties

MENU INFORMATION: Cold Cereal, Cereal Bars or Pop Tarts are alternate daily breakfast choices. Juice, Fruit and Milk are offered with Breakfast. (##) Denotes carb counts. Menu subject to change without notice due to product availability. Carb counts may change due to specific product availability.

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