

Health Tip:

Drink plenty of water. It helps with concentration and gives you energy throughout the day. It also helps stop overeating. So keep that water bottle handy and drink during the day.

Menu Information: Assorted Variety Deli Sandwiches, Chef Salad, and Yogurt/Cheese offered Daily. (##) denotes carb counts in the serving size for that menu item with all its components.

Turkey/Cheese or Ham/Cheese or Hoagie (Turkey & Ham) on Sub Bun (30)
 Chicken Salad on Sub Bun (34) or Tuna Salad on Sub Bun (30)
 Chef Salad is served each day w/ Bread Stick & Croutons (32)
 Yogurt/Cheese is served each day w/ Bread Stick & Granola (49)

Monday

Tuesday

Wednesday

Thursday

Friday

Fairbury Public School is an Equal Opportunity Provider

**Jr-Sr High Lunch Price \$2.95 ---
 Extra Entree \$2.00**

**Side of Fruit or Vegetable \$.50
 Chips or Cereal Bar \$.75
 Extra Milk Carton \$.50**



BBQ Chicken Pizza (32) or Hamburger on Bun (33) **1**

Breaded Pork Patty on Bun(42) or Sloppy Philly on Sub Bun (32) **2**

Mini Corndogs (7-8 (34) (9-12 (31) or Cheeseburger on Bun (33) **5**

Turkey Gravy (5) w/HMD Bread(17 ea.) or Jeff Rib on Sub Bun (38) **6**

Chicken Alfredo Pizza(40) Ham & Cheese Flatbread(29) **7**

Cheeseburger on Bun(33) or Chicken/Cheese Wrap (29) **8**

Chicken Fajita Bowl (23) (Fajita seasoned Strips of Chicken over a bed of Chicken infused Rice topped w/Cheese) or **Pulled Pork Sandwich (31)** Fajita Style Peppers & Onions(5) Apple Filled Churro (27) **9**

Cowboy Beans (18)

Mashed Potatoes(14)

Green Peas (11)

Tater Tots (20)

Broccoli w/Cheese (5)

Stuffed Crust Pepperoni Pizza (34) or Roast Chicken on Bun (33) **12**

Old Fashioned Mini Meatloaf (25) w/Bread(17) or Jeff Rib on Sub Bun(38) **13**

Cheese Omelet (1) w/Pancakes(27)&Syrup(30) Hamburger on Bun (33) **14**

Chili (21) w/HMD Cinnamon Roll(41) & Crackers(5 ea.) or Hot Dog on Bun (34) **15**

NO SCHOOL WINTER BREAK **16**

Corn (16)

Mashed Potatoes(14) Gravy(4)

Tater Tots (20)

Fresh Veggies

Mandarin Orange Chicken(33) w/Seasoned Rice(24)& Egg Roll(22) or Sloppy Joe on Bun (35) **19**

Chicken Tetrazinni(36) w/HMD Bread (17) or Cheeseburger on Bun(33) **20**

Cuban Sandwich(32) (Toasted Panini w/Ham, Pulled Pork, Cheese &Dill Pickles w/zippy mustard dipping sauce) OR **Chicken/Cheese Flatbread(29)** Green Bean Casserole(8) **21**

Chicken/Cheese Enchilada(31) w/MexiRice (25) or Jeff Rib on Sub Bun (38) **22**

Tuna Casserole(26) w/HMD Bread(17) or Hamburger on Bun(33) **23**

Broccoli (5)

Mixed Vegetables(12)

Green Bean Casserole(8)

Refried Beans (23)

Green Peas (11)

Breaded Beef (16) w/HMD Bread (17) or Roast Chicken on Bun (33) **26**

Chicken Noodle Casserole (26) w/HMD Bread (17) or Sloppy Philly on Sub Bun (32) **27**

Macho Nacho (7-8 (24) (9-12 (40) or Jeff Rib on Sub Bun (38) **28**



Mashed Potatoes(14) Gravy(4)

Green Beans (4) Brownie (16)

Refried Beans (23)