

# Elementary Lunch

# May 2016

## Monday

Crispy Chicken on Bun (45) or Ham Sandwich (35) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **2**

Broccoli w/Cheese(5)

Popcorn Chicken(13) w/HMD Bread (16) or Tuna Salad Sandwich(33) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **9**

Cowboy Beans(17)

Step Ahead Only **16**  
Meat Stacks  
Loaded Mashed Potatoes  
Dinner Roll

**23**

**30**

## Tuesday

Spaghetti Sauce(5) w/Rotini(32) & Breadstick(16)or Turkey Wrap(24)or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) **3**

Fresh Veggies

Macho Nacho(24) or Ham & Cheese Wrap or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) **10**

Refried Beans(23)

Step Ahead Only **17**  
Hamburger on Bun  
Baked Beans  
Brownie

**24**

**31**

## Wednesday

Sausage Links(1.5) w/Pancakes (27)Syrup(30) or Turkey Sandwich(33)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **4**

Tater Tots (20)

Jefferson Only **11**  
HMD Beef Pizza (29)or Turkey Sandwich(33)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13)  
CENTRAL Walking Field Trips  
**\*\*Sack Lunch\*\***  
Turkey Sandwich(33)

"SA" Potato Smiles

**18**

**25**

## Thursday

Breaded Pork on Bun(42)or Ham & Cheese Wrap(23) or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) **5**

Baked Beans(29)

Oven Fried Chicken(11) w/HMD Bread(16) or Ham & Cheese Flatbread(28)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **12**

Mashed Potatoes(17)Gravy(4)

**19**

**26**

## Friday

Chicken Strips(16) w/HMD Bread(16) or PBJ Sandwich(35)or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) **6**

Corn (16)

**CLASS PICNIC DAY** **13**  
**\*\*Sack Lunch\*\***  
PBJ Sandwich (35)

**20**

**27**

## Menu Information

(##) denotes carb counts in serving size for that menu item will include any items that is always served together.

Chef Salad is served each day w/ 1 slice Homemade WG Bread

Yogurt/Cheese is served each day w/ 1 slice Homemade WG Bread

HMD=Homemade  
WG=Whole Grain

All bread/rice/crusts served at Lunch are Whole Grain Rich

**\*\*\*\*SACK LUNCH INCLUDES:\*\*\*\***  
Sandwich, Fresh Fruit, Small Bag Sunchips, Bag of Fresh Veggies, Ranch Dressing Cup, Cookie and Milk\*\*\*\*

SACK LUNCH AVAILABLE FOR THOSE WHO CHOOSE NOT TO BRING A SACK LUNCH FROM HOME ON CLASS PICNIC AND WALKING FIELD TRIP DAYS.

## School News

Would you like to join your child for lunch? We'd love to have you. Please call the office by 9 am to be included in our daily lunch count. Adult meals cost \$3.40. What a bargain!!

USDA is an Equal Opportunity Provider and Employer

Did you know...

Mother's Day is always the second Sunday in May in the United States.

