June 2016

Summer Food Program



All children 1-18 eat lunch FREE. Lunch served from 11:30 am to 12:30 pm. Menu are subject to change

Nutrition Tip: 95% of Americans still aren't eating enough whole grain.

Whole grains give kids the energy they need to be active and play sports!

Reference: U.S. Department of Health and Human Services and U.S.

Department of Agriculture Dietary Guidelines for Americans, 2010.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Cheeseburger on Bun 6 French Fries Fruit Milk	Crispy Chicken on Bun Broccoli w/Cheese Fruit Milk	Macho Nacho Refried Beans Fresh Taco Toppings Fruit Milk	Oven Fried Chicken 9 Mashed Potatoes/Gravy Dinner Roll Fruit Milk	Fiestada Pizza Corn Fruit Cookie Milk
Chicken Strips Corn/Mac Bake Fresh Veggies Fruit Milk	Sausage Links Tater Tots French Toast Sticks Fruit Milk	Mini Calzones Marinara Sauce Lettuce Salad Fruit Milk	Mandarin Chicken Egg Roll Seasoned Rice Fruit Milk	Hot Dog on Bun Baked Beans Frozen Fruit Treats Milk
Turkey Sandwich Sweet Potato Tots Sun Chips Fruit Milk	Popcorn Chicken Mashed Potatoes/Gravy Biscuit Fruit Milk	Beef Pizza Corn Fruit Milk	Ravioli w/Meat Sauce Lettuce Salad Fruit Milk	Chicken Nuggets Cowboy Beans Dinner Roll Fruit Milk
Corn Dog Baked Beans Fruit Milk	Cheese Pizza Corn Fruit Milk	PBJ Sandwich Sweet Potato Tots Fruit Milk	Macho Nacho Refried Beans Fresh Taco Toppings Fruit Milk	**