

July 2016

SUMMER FOOD PROGRAM

LUNCH

All children 1-18 eat lunch FREE.
Lunch served from 11:30 am to 12:30 pm
Menu subject to change



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



CLOSED 4
INDEPENDENCE DAY

Chicken Strips 5
Corn Bread
Fruit
Milk

Pepperoni Pizza 6
Lettuce Salad
Fruit
Milk

Sausage Links 7
Tater Tots
Pancakes
Fruit
Milk

Garlic Cheese Bread 1
Marinara Sauce
Frozen Fruit Treats
Milk

Hot Dog on Bun 8
Fresh Veggies
Fruit
Cookie
Milk

Mini Calzones 11
Marinara Sauce
Lettuce Salad
Fruit
Milk

Oven Fried Chicken 12
Mashed Potatoes/Gravy
Dinner Roll
Fruit
Milk

Spaghetti Sauce 13
w/Rotini
Green Beans
Breadstick
Fruit / Milk

Popcorn Chicken 14
Baked Beans
Bread
Fruit
Milk

Beef Pizza 15
Corn
Fruit
Frozen Fruit Treats
Milk

Turkey Wrap 18
Vegetable Pasta Salad
Fruit
Milk

Cheese Pizza 19
Corn
Fruit
Milk

Cheeseburger on Bun 20
French Fries
Fruit
Milk

Soft Shell Taco 21
Beans & Rice
Fruit
Milk

Crispy Chicken 22
on Bun
Broccoli w/Cheese
Fruit
Milk

Hot Dog on Bun 25
Baked Beans
Fruit
Milk

Sausage Links 26
Tater Tots
French Toast Sticks
Fruit
Milk

Fiestada Pizza 27
Corn
Fruit
Milk

Chef's Choice 28

Chef's Choice 29