

November 2017

Central - Jefferson



OTHER ENTRÉE CHOICES OFFERED DAILY:

Chef Salad w/breadstick (18) & goldfish crackers (10) or croutons (14)
 Yogurt/Cheese w/breadstick (36) & granola small(7)- large(13)
 (##) designates carb count in serving size as served
 ***Menu subject to change

Fruit/Vegetable Bar and Milk served with every meal. Full meal price \$2.70 Extra entree \$2.00 (students need to order extra entrée when lunch count is taken)
 Extra Milk price 50 cents (one carton included w/school meal)
 Would you like to join your child for lunch? We'd love to have you. Please call the school office by 9 am to be included in our daily lunch count. Adult meals price \$3.60. What a bargain!!

Monday

Tuesday

Wednesday

Thursday

Friday



NATIONAL NACHO DAY 6
 Macho Nacho (24) or PBJ Sandwich(35)
 Refried Beans (23)

Sloppy Philly Beef on Bun(32) 7
 (Ground beef, diced peppers and onions blended w/queso cheese served on a sub bun) or Turkey/Cheese Flatbread(28)
 Carrots (5)

Pizza Melt (30) 1
 (Ground Beef Patty smothered in zesty Pizza Sauce topped with Mozzarella Cheese on Panini Bread) or **Ham & Cheese Sandwich (35)**
 Tater Tots (20)

Breaded Pork Patty on Bun(42) 2
 Turkey Flatbread (28)
 Baked Beans (29)

NO SCHOOL 3
 AREA-WIDE PROFESSIONAL DEVELOPMENT

Sausage Patty (0) 13
 w/Pancakes(27)&Syrup(30) or PBJ Sandwich (35)
 Tater Tots(20)

WORLD DIABETES DAY 14
 (DIABETES AWARENESS-WEAR GRAY)
 Chicken Noodle Casserole(26) w/HMD Bread (17) or Turkey/Ham/Cheese - Sub Bun (31)
 Green Peas (11)

Chicken Tetrazinni (25) 8
 w/HMD Bread(17) or Turkey/Ham/Cheese on Sub Bun(31)
 Mixed Vegetables (12)

HMD Beef Pizza (30) or Chicken Salad on Sub Bun (34) 15
 Corn (16)

Mini Corndogs (27) or Tuna Salad on Sub Bun (30) 9
 Corn (16)

Fun Cowboy Burger (36) 20
 (Cheeseburger topped w/Crunchy Funiyons finished with a Smoky Ranch sauce on the side) or **Ham & Cheese on Bun (34)**
 Corn (16)

Chicken Parmesan Sandwich(50) 10
 (Breaded Chicken Patty topped with Marinara Sauce and Mozzarella Cheese on a Ciabatta Bun) or **Ham & Cheese on Bun (34)**
 Rosy Red Applesauce/Blue Pears Blue & White Cookie(18)

Roast Turkey (0) 21
 w/HMD Bread (17) or PBJ Sandwich (35)
 Mashed Potatoes(18)Gravy(4) Pumpkin Pie (32)

Chicken Strips (17) 16
 w/HMD Bread (17) or Ham Sandwich (34)
 Broccoli w/Cheese (5)

CHICKEN FAJITA BOWL (23) 17
 (Fajita seasoned Strips of Chicken over a bed of Chicken infused Rice topped w/Cheese w/Peppers & Onions on the Side) or **Turkey/Ham/Cheese on Bun (33)**
 Refried Beans (23) Apple Churro(27)

Blue Valley Brand Hot Dog on Bun (34) or Turkey/Cheese Flatbread (28) 22
 Baked Beans (29)

THANKSGIVING DAY 23

 NO SCHOOL 24

Italian Chicken Sandwich (37) 27
 (Roasted Chicken smothered in Marinara Sauce topped with Mozzarella Cheese served on Ciabatta Bread) **Ham & Cheese Flatbread (29)**
 Fresh Veggies

Country Fried Beef (16) 29
 w/HMD Bread(17) or Chicken Salad on bun (36)
 Mashed Potatoes(18)Gravy(4)

