

Nutrition Tip: Eat a rainbow of colors. Red fruits help keep your heart strong. Orange fruits keep your eyes healthy. Yellow fruits keep you from getting sick. Green fruits keep you bones and teeth strong. Blue and Purple fruits help you memory.



School Information: Juice, Fruit and Milk are offered with Breakfast. All grains served at Breakfast are whole grain rich.

****AM/PM Snack served w/Milk**

**** (Fresh Fruit/Vegetable Program)** snack of the day. Encourage your child to try a new fruit/vegetable when offered**



Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizza

1

Boiled Eggs
Cherry Strudel

2

Vanilla Yogurt
w/Strawberries and Bananas
Granola

3

Scrambled Eggs
Bagel

4

NO CLASSES

5

****Animal Crackers**

**** (Yellow Sunburst Tomatoes)
w/Ranch Dressing**

**** (Assorted Fruit Cup)**

****Bananas**

Pancake wrapped
Sausage Bites

8

Mini Pizza Sliders

9

Ham Patty
Apple filled Breadstick

10

FIELD TRIPS

11

NO CLASSES

12

****Cereal Bars**

**** (Assorted Peppers)
w/Ranch Dressing**

**** (Pineapple)**

Pancake/Sausage
on a Stick

15

Scrambled Eggs
Hash Browns
Donuts

16

Breakfast Pizza

17

Yogurt
Cheese Sticks
Cereal

18

NO CLASSES

19

****Smores Snacks**

**** (Cooked Red Beets)****

****Craisins**

**** (Watermelon)**

22

23

24

25

26

**SUMMER FOOD PROGRAM
JEFFERSON SCHOOL
JUNE 5 TO JULY 28
11:30 AM TO 12:30 PM
ALL CHILDREN EAT FREE**

30

**Fairbury Public School
is an
Equal Opportunity
Provider**

