

**Nutrition Tip:** Eat a rainbow of colors. Red fruits help keep your heart strong. Orange fruits keep your eyes healthy. Yellow fruits keep you from getting sick. Green fruits keep you bones and teeth strong. Blue and Purple fruits help you memory.



**Menu Information:** Juice, Fruit and Milk are offered with Breakfast all grains served at Breakfast are whole grain rich. (##) denotes carb count. **(Fresh Fruit/Vegetable Program) snack of the day. Encourage your child to try a new fruit/vegetable when offered.**



### Monday

Breakfast Pizza (26) **1**

Sausage Bites (14) **8**

Sausage/Pancake on a Stick (17) **15**

**22**

**SUMMER FOOD PROGRAM  
JEFFERSON SCHOOL  
JUNE 5 TO JULY 28  
11:30 AM TO 12:30 PM  
ALL CHILDREN EAT FREE**

### Tuesday

Cherry Strudel (37) **2**

(Sunburst Yellow Tomatoes)  
w/Ranch Dressing

Mini Pizza Sliders (21) **9**

(Assorted Peppers)  
w/Ranch Dressing

Donut (42) **16**

(Cooked Red Beets)

**23**

**30**

### Wednesday

Strawberry Parfait (29) **3**  
Granola(13)

Apple filled Breadstick (27) **10**

Breakfast Pizza (26) **17**

**24**

**Fairbury Public School  
is an  
Equal Opportunity  
Provider**

### Thursday

Mini Pancakes (18) **4**

(Assorted Fruit Cup)

Ham & Egg Bar (8) **11**

(Pineapple)

Cold Breakfast Choices **18**

(Watermelon)

**25**

### Friday

Long john (42) **5**

Pizza Bagel Bites (12) **12**

Cold Breakfast Choices **19**

LAST DAY OF SCHOOL  
ENJOY YOU SUMMER!!!!

**26**

