



Let kids plan one meal a week and eat together as often as possible.

January 18 is Winnie the Pooh Day!!!

USDA is an Equal Opportunity Provider and Employer

Menu Information: (##) denotes carb counts in serving size for that menu item will include any items that is always served together. Chef Salad is served each day w/ 1 slice Homemade WG Bread - Yogurt/Cheese is served each day w/ 1 slice Homemade WG Bread

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

2

NO SCHOOL

3

Mini Corndogs (28) or PBJ Sandwich (35) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13)

4

Baked Beans (29)

Chicken Strips (16) w/HMD Bread (16) or Ham & Cheese Flatbread(28)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13)

5

Mixed Vegetables(12)

Hamburger on Bun(33) or Turkey Sandwich(33) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13)

6

Seasoned French Fries(25)

Cheese Calzone (33) or PBJ Sandwich(35) or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7)

9

Green Peas (11)

Popcorn Chicken(13) w/HMD Bread(16) or Tuna Salad Sandwich(33)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13)

10

Carrots (4)

HMD Beef Pizza (36) or Chicken Salad Sandwich(36)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13)

11

Corn(16)

Chicken Noodle Casserole(25) w/HMD Bread(16)or Hoagie Sandwich (36) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(14)

12

Broccoli(5)

Macho Nacho(24) or Turkey Wrap(24) or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7)

13

Refried Beans (23)

Fiestada Pizza (38) or Tuna Salad Sandwich(33) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13)

16

Corn (16)

Sloppy Joe on Bun (37) or Chicken Salad Sandwich(36) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13)

17

Baked Beans (29)

Chicken Nuggets(14)w/HMD Bread(16) Hoagie Sandwich (36)or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13) Broccoli w/Cheese(5) Teddy Graham(11)

19

Spaghetti Sauce(6) w/Rotini(32)&Cheesy Breadstick(17) Turkey Sandwich(33) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13) Fresh Veggies

20

Chicken/Cheese Enchilada (25) or Ham & Cheese Wrap(23)or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) Refried Beans(23)

20

Hamburger on Bun(33) or Turkey Sandwich(33) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13)

23

Seasoned French Fries(25)

Chicken Alfredo Pizza (33)or Ham & Cheese Flatbread(28) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13)

24

Green Peas(11)

Sausage Patty (0) w/Pancakes(27)&Syrup(30)or Tuna Salad Sandwich(33) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) Tater Tots(20)

25

Taco Soup (K-5(17) (6th(25) w/Cornbread(17) or PBJ Sandwich(35)or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) Fresh Veggies

26

Blue Valley Brand Hot Dog on Bun (25) or Ham & Cheese Wrap(23)or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) Baked Beans(29)

27

Soft Shell Taco (25) or Turkey Wrap(24) or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7)

30

Refried Beans(23)

Mini Corndogs (28) or Ham Sandwich(35) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13)

31

Corn (16)



Fruit/Vegetable Bar and Milk Would you like to join your child served with every meal. **Full meal for lunch? We'd love to have price \$2.60 Extra entree \$2.00 you.** Please call the office by 9 (needs to be ordered when lunch am to be included in our daily count is taken) **lunch count. Adult meals cost \$3.50. What a bargain!!**