

January 2017

Step Ahead Breakfast-Snack

BREAKFAST



Breakfast fills your child's "empty tank" to get them going after a long night of sleeping.

USDA is an Equal Opportunity Provider and Employer.

School Information: Juice, Fruit and Milk are offered with Breakfast. All grains served at Breakfast are whole grain rich.

**AM/PM Snack served w/Milk

**** (Fresh Fruit/Vegetable Program)** snack of the day. Encourage your child to try a new fruit/vegetable when offered.**



Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

2

NO SCHOOL

3

Sausages Patty
Mini Chocolate Chip
Pancakes

4

Egg Taco (15)

5

NO CLASS

6

Egg/Cheese Sandwich

9

Bacon/Cheese
Scrambled Eggs
Long John

10

Pancake wrapped
Sausage Bites

11

Breakfast Pizza

12

NO CLASS

13

**Cereal Bar

** (Carrots)
w/Ranch & Wheat Crackers

**Chex Mix

** (Oranges)

Ham Patty
Apple filled Bread Stick

16

Sausage/Cheese
Biscuit

17

Boiled Eggs
French Toast Sticks

18

Yogurt
Cheese Stick
HMD Cinnamon Roll

19

NO CLASS

20

**Scooby Snacks

** (Tangelo)

**Banana Bread Squares

** (Tomatoes)
w/Ranch & Goldfish Crackers

Bacon/Cheese
Scrambled Eggs
Pancakes

23

Ham & Egg Bar
Muffin

24

Breakfast Pizza

25

Sausage Bites

26

NO CLASS

27

**Oatmeal Bar

(Oranges)

**Snack Mix

(Papaya)
Teddy Grahams

Bacon/Egg/Cheese
Boat

30

Sausage/Egg/Cheese
Slider Pizzas

31

(Radish)
w/Ranch & Wheat Crackers

