



**April 5<sup>th</sup> is National Walking Day. For better health find ways to add a few more steps to your day.**



**Menu Information: (##)** denotes carb counts in serving size for that menu item will include any items that is always served together. Chef Salad is served each day w/ 1 slice Homemade WG Bread - Yogurt/Cheese is served each day w/ 1 slice Homemade WG Bread



### Monday

Breaded Pork on Bun(42) or Turkey Flatbread(27) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **3**

Broccoli w/Cheese(5)

### Tuesday

Chicken Tetrazinni(25) w/HMD Bread(16) or Hoagie Sandwich(33) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13) **4**

Mixed Vegetables (12)

### Wednesday

HMD Beef Pizza (36) or Chicken Salad Sandwich(36) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **5**

Corn (16)

### Thursday

Macho Nacho (24) or PBJ Sandwich(35) or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) **6**

Refried Beans (23)

### Friday

Cheesy Fish Patty on Bun(41) or Ham Sandwich(33) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13) **7**

Green Peas(11)

Chicken Fajita Flatbread(25) Tuna Salad Sandwich(33) or Chef Salad(18)Croutons(14) or Chef Salad(38)Granola(13) **10**

Refried Beans (23)

Jeff Rib on Bun (38) or Turkey Wrap(27) or Chef Salad(18)Crackers(10) or Chef Salad(38)Granola(7) **11**

Potato Smiles (20)  
Brownie (13)

Teriyaki Chicken(15) w/Egg Roll(22) & Seasoned Rice(24) or Ham & Cheese Flatbread(28) or Chef Salad(18)Croutons(14) Yogurt/Cheese(38)Granola(13) **12**

Fresh Veggies

Spaghetti Sauce (10) w/Rotini(32)& Breadstick(17)or Turkey Sandwich(33) or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **13**

Green Beans(4)

**NO SCHOOL**  **14**

**NO SCHOOL** **17**



Cheesy Chicken & Rotini(26) w/HMD Bread(16) or Hoagie Sandwich(33)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **18**

Broccoli (5)

Taco Soup (17)w/Tortilla Chips(22)&Cornbread(17)or Chicken Salad Sandwich(36)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **19**

Fresh Veggies

Blue Valley Brand Hot Dog on Bun (25)or Turkey Wrap(27) or Chef Salad(18)Crackers(10) or Yogurt/Cheese(38)Granola(13) **20**

Baked Beans (29)

**NO SCHOOL**  **21**

Chicken Strips(16) w/Breadstick (17) or Ham & Cheese Flatbread(28)or Chef Salad(18)Croutons(14)or Yogurt/Cheese(38)Granola(13) **24**

Carrot Sticks(8)

Meatball Sub(32) or Chicken Wrap (24)or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) **25**

Sweet Potato Tots (23)

Stuffed Crust Cheese Pizza(35) or Tuna Salad Sandwich(33) or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13) **26**

Corn(16)

Sausage Patty(0) w/Waffle Sticks (27)&Syrup(30) or PBJ Sandwich(35) or Chef Salad(18)Crackers(10)or Yogurt/Cheese(38)Granola(7) **27**

Hash Brown Patty (12)

Pizzawich(34) or Turkey Sandwich(33)or Chef Salad(18)Croutons(14) or Yogurt/Cheese(38)Granola(13) **28**

Baked Beans(29)

**Fruit/Vegetable Bar and Milk served with every meal. Full meal price \$2.60 Extra entree \$2.00 (needs to be ordered when lunch count is taken)**



**Would you like to join your child for lunch? We'd love to have you. Please call the office by 9 am to be included in our daily lunch count. Adult meals cost \$3.50. What a bargain!!**



**Fairbury Public School is an Equal Opportunity Provider**