

December 2016

Step Ahead Breakfast-Snack

BREAKFAST

December 19 is National Oatmeal Muffin Day. Enjoy a low-fat, high fiber oatmeal applesauce muffin for breakfast. Fairbury Public Schools is an Equal Opportunity Provider and Employer.

School Information: Juice, Fruit and Milk are offered with Breakfast. All grains served at Breakfast are whole grain rich.

**AM/PM Snack served w/Milk

** (Fresh Fruit/Vegetable Program)** snack of the day. Encourage your child to try a new fruit/vegetable when offered.

Monday



Breakfast Pizza

5

**Cereal Bar

Tuesday

Sausage/Cheese Biscuit

6

** (Oranges)

Wednesday



Bacon/Egg/Cheese Toast

7

Chocolate Chex Mix

Thursday

Scrambled Eggs
Apple filled Bread Stick

1

** (Kiwi)

Ham Patty
Cinnamon Stuffed Pancakes

8

** (Parsnips)
w/Ranch Dressing
Goldfish Crackers

Friday

NO SCHOOL

2

NO SCHOOL

9

Sausage Patty
Waffle Sticks

12

Mini Chocolate Chip Loaf

Bacon/Egg/Cheese Boat

13

** (Pummelo)
Graham Crackers

Boiled Eggs
Long John

14

Pop Tarts

Cheese Filled Bread Stick
Marinara dipping sauce

15

** (Turnips)
w/Ranch Dressing
Wheat Crackers

NO SCHOOL

16

Yogurt
Cheese Stick
Oatmeal Applesauce Muffin

19

** (Dates)
Cinnamon Toast Crunch Cereal

Egg/Cheese Sandwich

20

** "Frozen"
Cinnamon Graham Crackers

Scrambled Eggs
HMD Cinnamon Roll

21

** (Pineapple)

NO SCHOOL

22

NO SCHOOL

23

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

29

NO SCHOOL

30