

December 2016

Elementary

BREAKFAST

December 19th is National Oatmeal Muffin Day. Enjoy a nutritious oatmeal applesauce muffin for breakfast. High in fiber and low fat.
Fairbury Public Schools is an Equal Opportunity Provider and Employer.

Menu Information: Juice, Fruit and Milk are offered with Breakfast all grains served at Breakfast are whole grain rich. (##) denotes carb count. (Fresh Fruit/Vegetable Program) snack of the day. Encourage your child to try a new fruit/vegetable when offered.

Monday



Breakfast Pizza(26) **5**

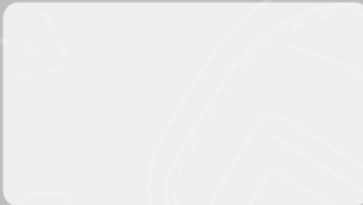
Mini Waffles (38) **12**

Oatmeal/Applesauce Muffin (24) Yogurt(19) **19**

(Dates)

NO SCHOOL **26**

Tuesday



Sausage/Cheese Biscuit(28) **6**

(Oranges)

Bacon/Egg/Cheese Boat(25) **13**

(Pummelo)

Egg/Cheese Sandwich (17) **20**

NO SCHOOL **27**

Wednesday



Bacon/Egg/Cheese Toast(18) **7**

Long John (42) **14**

HMD Cinnamon Roll(40) **21**

(Pineapple)

NO SCHOOL **28**

Thursday

Apple filled Bread Stick (38) **1**

(Kiwi)

Cinnamon Stuffed Pancakes (36) **8**

(Parsnips)

Cheese Filled Bread Stick (26) **15**

(Turnips)

Breakfast Pizza(26) **22**

NO SCHOOL **29**

Friday

Ham & Egg Bar (8) **2**

NO SCHOOL **9**

Sausage Bites(14) **16**

NO SCHOOL **23**

NO SCHOOL **30**